



	Group	Skill	1	2	3	4	5	6	7	8
1	ALL		Hold	_____						_____→
2	ALL		Clap				Jump Out + High V			
3	Front 3		Hug				Flatback			
	Back 5						Hug			
4	Front 3									
	Back 5		Flatback				Hands On Hips			
5	Front 3		Hands On Hips				T + Dip		Clean	
	Back 5						T + Dip		Clean	
6	Front 3		Right Knee Down				Low V			
	Back 5						Jump Out + Low V			
7	ALL		Half T				Hit Motion		Dip	
8	ALL		Clean		Hold		Move to Formation # 2		_____	_____→
9	ALL		_____	_____	_____	_____→	Clap			
10	Front 5		Jump Out + High V				Hug			
	Back 3		Jump Out + High V							
11	Front 5		Flatback							
	Back 3		Hug				Flatback			
12	Front 5						Hands On Hips			
	Back 3		Hands On Hips							

	Group	Skill	1	2	3	4	5	6	7	8
13	Front 5		T + Dip		Clean		Right Knee Down			
	Back 3		T + Dip		Clean					
14	Front 5		Low V							
	Back 3						Low V			
15	Front 5						Half T			
	Back 3		Half T							
16	ALL		Hit Motion				Jump Out + High V			