



	Group	Skill	1	2	3	4	5	6	7	8
1	ALL		Hold	_____						→
2	Front 2		Dip		Jump Out					
	Middle 3		Dip		Jump Out				High V	
	Back 3		Dip		Jump Out		High V			
3	Front 2		High V				High Cone		Flatback	
	Middle 3								High Cone	
	Back 3									
4	Front 2									
	Middle 3		Flatback						High V + Variations	
	Back 3		High Cone		Flatback		High V			
5	Front 2		High V + Variations				Dip		Clean	
	Middle 3						Dip		Clean	
	Back 3						Dip		Clean	
6	ALL		Half T + T Right		Switch		Group 1 (Outside V 4) Flat Cone Left + Step		Group 2 (Inside 4) Flat Cone Left + Step	
7	ALL		Starburst		Low V		Low Cone		Up to Clasp	
8	ALL		High V + Starburst Variations		Dip		Clean			

	Group	Skill	1	2	3	4	5	6	7	8
9	ALL		Move To Formation # 2							→
10	Front 3		Dip		Jump Out					
	Middle 2		Dip		Jump Out				High V	
	Back 3		Dip		Jump Out		High V			
11	Front 3		High V				High Cone		Flatback	
	Middle 2								High Cone	
	Back 3									
12	Front 3									
	Middle 2		Flatback						High V + Variations	
	Back 3		High Cone		Flatback		High V			
13	Front 3		High V + Variations				Dip		Clean	
	Middle 2						Dip		Clean	
	Back 3						Dip		Clean	
14	ALL		Half T + T Right		Switch		Group 1 (Outside V 4) Flat Cone Left + Step		Group 2 (Inside 4) Flat Cone Left + Step	
15	ALL		Starburst		Low V		Low Cone		Up to Clasp	
16	ALL		High V + Starburst Variations							